# Adult Suicide Prevention and Mental Health Resources

<table>
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<tr>
<th>Organization</th>
<th>Services Offered</th>
<th>Contact Information</th>
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<tbody>
<tr>
<td>911</td>
<td>• Emergency (police, ambulance, fire, etc.)</td>
<td>911</td>
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<tr>
<td>National Suicide Hotline</td>
<td>• CRISIS LINE</td>
<td>1-800-273-TALK (8255)</td>
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<tr>
<td>2-1-1</td>
<td>• Information and referral line for health and human services</td>
<td>211 or 970-407-7066</td>
</tr>
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</table>
| Alliance for Suicide Prevention       | • Educational Programs for youth- Raising Awareness of Personal Power program (RAPP)  
• Educational Programs for adults- Hope for Today  
• Grief Support Services               | 970-482-2209  
www.AllianceForSuicidePrevention.org  
www.bgclarimer.org                      |
| Boys and Girls Club                   | • After School and Summer Club:  
• Educational programs to help develop positive traits in children.               | 970-223-1709  
www.bgclarimer.org                      |
| The Center                            | • Life Skills  
• Anger Management  
• Substance abuse parenting series  
• The Center offers education, intervention and support classes for youth and families challenged by the adolescent years. The services are geared towards helping youth and families sustain long-term positive changes within the family unit. | 970-495-0084  
www.thecenterforfamilyoutreach.org      |
| Connections (Fort Collins)            | • Mental health and drug or alcohol abuse therapist referral  
• Pro-bono therapy (sliding scale)                                                 | 970-221-5551  
www.healthinfosource.com                |
| CSU Health Network                    | • Outpatient, Intensive Outpatient  
• Co-occurring Group Therapy  
• Case Management                                                                    | 970-491-6053  
www.health.colostate.edu                |
| Dads Like Me                          | • Men’s grief support group after the loss of a child  
• Faith-based  
• Contact Steve Christen                                                             | 970-214-4477  
ADadLikeMe@yahoo.com                    |
| Depression and Bipolar Support Group  | • Peer Support Group (Not affiliated with faith communities)  
• 1st Thursday of the month at Zion Lutheran Church 6:30-8:00  
• 3rd Thursday of the month at Harmony Presbyterian Church 6:30-8:00 | 970-420-0867  
www.allianceforsuicideprevention.org   |
| Estes Park Medical Center             | • ER and appropriate hospitalization                                              | 970-586-2317  
www.epmedcenter.com                     |
| Fort Collins Youth Clinic             | • Ages and Stages Questionnaire: Screening tool filled out by parents focusing on social and emotional behavior. Allows professionals to quickly recognize young children at risk for social and emotional difficulties. | 970-267-9510  
www.youthclinic.com                     |
| The Hart Center                       | • Transitional housing for substance recovery: A supervised drug-free living environment for individuals transitioning out of residential or other treatment facilities before going back to their daily lives. | 928-230-2693  
www.hartcenters.org                     |
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<tr>
<th>Organization</th>
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<tbody>
<tr>
<td>Health District of Northern Larimer County</td>
<td>Medical, mental health, prescription assistance, dental and preventive health services</td>
<td>970-224-5209</td>
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<tr>
<td>Hospice of Estes Valley</td>
<td>Grief and loss counseling and support</td>
<td>970-586-2273</td>
</tr>
<tr>
<td>The Intimacy Center</td>
<td>Psychotherapy services specializing in sexual addiction, marital, and sexual trauma therapy, Outpatient counseling</td>
<td>970-324-6928</td>
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<tr>
<td>Matthews House</td>
<td>Transitional Services: Serves at-risk youth who do not have significant family support and helps them to transition into adulthood. Focuses on 5 areas: safe and affordable housing, physical and mental health, employment, education, and interpersonal and social skills. Takes referrals from the justice and human services systems.</td>
<td>970.472.4293</td>
</tr>
<tr>
<td>McKee Medical Center</td>
<td>ER and appropriate hospitalization</td>
<td>970-669-4640</td>
</tr>
<tr>
<td>Medical Center of the Rockies</td>
<td>ER and appropriate hospitalization</td>
<td>970-495-7000</td>
</tr>
<tr>
<td>Mothers Like Me</td>
<td>Women's Grief Support Group after the loss of a child, Faith-based, Contact Angie Green</td>
<td><a href="http://www.motherslikeme.info/index.html">www.motherslikeme.info/index.html</a></td>
</tr>
<tr>
<td>Mountain Crest</td>
<td>Residential Treatment, Psychiatric Care: Provides a residential program, partial day programs, medical detoxification for substance abuse, addictive disease programs, and crisis intervention.</td>
<td>970-207-4800</td>
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<tr>
<td>Neuro-Development</td>
<td>Evaluation Psychotherapy: Performs an evaluation to determine the presence of learning disabilities, behavioral, or social/emotional concerns including anxiety, depression, ADHD, social withdrawal, etc. Offers one-to-one instruction and counseling. Will also work with the schools to enhance to get support and increase effectiveness of therapies.</td>
<td>970-282-4428</td>
</tr>
<tr>
<td>A New Perspective</td>
<td>Substance Abuse Counseling, Youth in Crisis Counseling: A private counseling center that has a strong focus on substance abuse.</td>
<td>970-419-1100</td>
</tr>
<tr>
<td>Nurse-Family Partnership</td>
<td>Trained nurses visit the homes of high-risk women during their first pregnancy through the first two years of their child’s life, Screen for post-partum depression and risk of post-partum suicide, Visits focus on learning how to be a nurturing parent and avoiding risky behavior</td>
<td>970-498-6731</td>
</tr>
<tr>
<td>Northern Colorado AIDS Project (NCAP)</td>
<td>Case management, and counseling, prevention, testing and social support services for individuals with HIV/AIDS.</td>
<td>970-484-4469</td>
</tr>
<tr>
<td>Partners Mentoring Youth</td>
<td>1 on 1 mentoring; positive youth development: Support to at-risk children ages 7-17.</td>
<td>970-484-7123</td>
</tr>
<tr>
<td>Pathways Hospice</td>
<td>Grief and loss counseling and support</td>
<td>970-663-3500</td>
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<th>Organization</th>
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| **Poudre School District**           | • Positive Behavioral Support (PBS): Used in conjunction with Response to Intervention, PBS is a framework that incorporates strategies for boosting academic achievement, increasing pro-social behaviors and safety.  
• Response to Intervention (RTI): Used in conjunction with PBS, RTI integrates assessment and intervention within a multi-level prevention system to maximize student achievement and reduce problem behaviors.  
• Mental Health Specialists: PR1 provides 5 mental health specialists across the district (primarily focused in high schools, but have a presence in middle schools and will consult with elementary schools) to meet the mental health needs of the student body. | 970-482-7420 | [www.psd.k12.co.us](http://www.psd.k12.co.us) |
| **Poudre Valley Hospital**           | • Crisis Assessment Center within the ER  
• Appropriate hospitalization | 970-495-7000 | [www.pvhs.org](http://www.pvhs.org) |
| **Primary Care Physicians**          | • Medication support and management for individuals with depression, bi-polar disorder, and other mental illnesses if properly screened and diagnosed. |             | [www.teamfortcollins.org](http://www.teamfortcollins.org) |
| **Sexual Assault Victim’s Advocates (SAVA)** | • 24-Hour Rape Crisis Hotline  
• Individual Advocacy  
• Therapy  
• Support Groups | Office: 970-472-4204  
Rape Crisis: 970-472-4200 | [www.savacenter.org](http://www.savacenter.org) |
| **Team Fort Collins**                | • Substance Use Prevention: Uses evidence-based prevention programs to focus on substance abuse prevention in children and youth 0-25. | 970-224-9931 | [www.teamfortcollins.org](http://www.teamfortcollins.org) |
| **Thompson School District**         | • Positive Behavioral Support (PBS): Used in conjunction with Response to Intervention, PBS is a framework that incorporates strategies for boosting academic achievement, increasing pro-social behaviors and safety.  
• Response to Intervention (RTI): Used in conjunction with PBS, RTI integrates assessment and intervention within a multi-level prevention system to maximize student achievement and reduce problem behaviors. | 970-613-5000 | [www.thompson.k12.co.us](http://www.thompson.k12.co.us) |
| **Touchstone Health Partners**       | • Crisis intervention and response  
• Community provider of mental health and addiction services.  
• Outpatient mental health and substance abuse treatment  
• Residential treatment  
• Group therapy  
• Psychiatric care | 970-494-4300 | [www.touchstonehealthpartners.org](http://www.touchstonehealthpartners.org) |
| **Turning Point**                    | • In-home therapy  
• Day treatment Substance Abuse treatment  
• Outpatient services  
• Residential Treatment Center Aftercare/Follow-up | 970-221-0999 | [www.turningpnt.org](http://www.turningpnt.org) |
| **Veterans Center**                  | • For veterans only | 970-221-5176 |                                |
# Youth Suicide Prevention and Mental Health Resources

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| Beyond the Mirror                     | • Youth Counseling Services  
• Nutritional Counseling  
• Online youth resources                                                      | 970.402.8543  
www.beyondthemirror.org                                                   |
| Boys and Girls Club                   | • After School/Summer care for youth                                                | 970-223-1709  
www.bgclarimer.org                                                      |
| Educo Leadership Adventures           | • Outdoor leadership education                                                     | 970.494.0785  
www.educoadventures.org                                               |
| Healthy Kids Club                     | • Family and elementary wellness education                                         | 970.495.7000  
www.pvhs.org/body.cfm?id=784                                         |
| Hearts and Horses                     | • Changing Leads Youth Therapy: Equine facilitated learning to encourage at-risk youth to personally explore emotions and behaviors while situated in a secure environment of learning and self discovery. | 970-663-4200  
www.heartsandhorses.org                                           |
| The Hub                               | • Child protection screening  
• Comprehensive child and family assessments for at risk youth  
• Individual and/or Family Counseling  
• Community resource referrals                                           | Walk-in: 200 W. Oak St., Fort Collins  
www.co.larimer.co.us/humanservices/hub/                                  |
| Human-Animal Bond In Colorado         | • Animal Assisted Therapy for incarcerated youth  
• K-12 Animal Assistant for at-risk youth in Thompson and Weld County            | 970.491.2776  
www.habic.chhs.colostate.edu                                        |
| Loveland Youth Gardeners              | • Youth Gardening Program (ages 13-18) for at risk youth  
• Eligibility for school credit                                             | 970.669.7182  
http://lovelandyouthgardeners.org/                                       |
| Matthews House                        | • Youth mentor program  
• Family facilitation  
• Resources for housing                                                       | 970-472-4293  
www.thematthewshouse.org                                               |
| National Youth Project Using Minibikes| • Behavior management incentive program  
• Youth ages 10-16                                                            | 970.498.6595  
www.larimer.org/humanservices                                           |
| Partners Mentoring Youth              | • Youth mentor program for at-risk youth                                           | 970.484.7123  
www.partnersmentoringyouth.org                                        |
| Pathways Hospice                      | • Pathways Kids Program provides team support home visits for children with life threatening illnesses | 1.888.755.7855  
www.pathwayshealth.org                                                  |
| Reflections for Youth                 | • High level residential care  
• Intensive In home & Outpatient services  
• Specialized EMDR and Dialectical Behavioral Therapy                      | (970) 344-1380  
www.reflectionsforyouth.org/index.php                                   |
| Rocky Mountain Youth Corps            | • Youth Volunteer Opportunities on public lands and open spaces                   | 970-879-2135  
http://www.rockymountainyouthcorps.org/~rmyc/                           |

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