

Adult Suicide Prevention and Mental Health Resources

Organization	Services Offered	Contact Information
911	<ul style="list-style-type: none"> • Emergency (police, ambulance, fire, etc.) 	911
National Suicide Hotline	<ul style="list-style-type: none"> • CRISIS LINE 	1-800-273-TALK (8255)
2-1-1	<ul style="list-style-type: none"> • Information and referral line for health and human services 	211 or 970-407-7066
Alliance for Suicide Prevention	<ul style="list-style-type: none"> • Educational Programs for youth- Raising Awareness of Personal Power program (RAPP) • Educational Programs for adults- Hope for Today • Grief Support Services 	970-482-2209 www.AllianceForSuicidePrevention.org
Boys and Girls Club	<ul style="list-style-type: none"> • After School and Summer Club: • Educational programs to help develop positive traits in children. 	970-223-1709 www.bgclarimer.org
The Center	<ul style="list-style-type: none"> • Life Skills • Anger Management • Substance abuse parenting series • The Center offers education, intervention and support classes for youth and families challenged by the adolescent years. The services are geared towards helping youth and families sustain long-term positive changes within the family unit. 	970-495-0084 www.thecenterforfamilyoutreach.org
Connections (Fort Collins)	<ul style="list-style-type: none"> • Mental health and drug or alcohol abuse therapist referral • Pro-bono therapy (sliding scale) 	970-221-5551 www.healthinfosource.com
CSU Health Network	<ul style="list-style-type: none"> • Outpatient, Intensive Outpatient • Co-occurring Group Therapy • Case Management 	970-491-6053 www.health.colostate.edu
Dads Like Me	<ul style="list-style-type: none"> • Men's grief support group after the loss of a child • Faith-based • Contact Steve Christen 	970-214-4477 ADadLikeMe@yahoo.com
Depression and Bipolar Support Group	<ul style="list-style-type: none"> • Peer Support Group (Not affiliated with faith communities) • 1st Thursday of the month at Zion Lutheran Church 6:30-8:00 • 3rd Thursday of the month at Harmony Presbyterian Church 6:30-8:00 	970-420-0867 www.allianceforsuicideprevention.org
Estes Park Medical Center	<ul style="list-style-type: none"> • ER and appropriate hospitalization 	970-586-2317 www.epmedcenter.com
Fort Collins Youth Clinic	<ul style="list-style-type: none"> • Ages and Stages Questionnaire: Screening tool filled out by parents focusing on social and emotional behavior. Allows professionals to quickly recognize young children at risk for social and emotional difficulties. 	970-267-9510 www.youthclinic.com
The Hart Center	<ul style="list-style-type: none"> • Transitional housing for substance recovery: A supervised drug-free living environment for individuals transitioning out of residential or other treatment facilities before going back to their daily lives. 	928-230-2693 www.hartcenters.org

Health District of Northern Larimer County	<ul style="list-style-type: none"> • Medical, mental health, prescription assistance, dental and preventive health services 	970-224-5209 www.healthdistrict.org
Hospice of Estes Valley	<ul style="list-style-type: none"> • Grief and loss counseling and support 	970-586-2273
The Intimacy Center	<ul style="list-style-type: none"> • Psychotherapy services specializing in sexual addiction, marital, and sexual trauma therapy. • Outpatient counseling 	970-324-6928 www.theintimacycenter.biz/
Matthews House	<ul style="list-style-type: none"> • Transitional Services: Serves at-risk youth who do not have significant family support and helps them to transition into adulthood. Focuses on 5 areas: safe and affordable housing, physical and mental health, employment, education, and interpersonal and social skills. Takes referrals from the justice and human services systems. 	970.472.4293 www.themattewhouse.org
McKee Medical Center	<ul style="list-style-type: none"> • ER and appropriate hospitalization 	970-669-4640 www.bannerhealth.com
Medical Center of the Rockies	<ul style="list-style-type: none"> • ER and appropriate hospitalization 	970-495-7000 www.pvhs.org
Mothers Like Me	<ul style="list-style-type: none"> • Women's Grief Support Group after the loss of a child • Faith-based • Contact Angie Green 	www.motherslikeme.info/index.html
Mountain Crest	<ul style="list-style-type: none"> • Residential Treatment, Psychiatric Care: Provides a residential program, partial day programs, medical detoxification for substance abuse, addictive disease programs, and crisis intervention. 	970-207-4800 www.pvhs.org
Neuro-Development	<ul style="list-style-type: none"> • Evaluation Psychotherapy: Performs an evaluation to determine the presence of learning disabilities, behavioral, or social/emotional concerns including anxiety, depression, ADHD, social withdrawal, etc. Offers one-to-one instruction and counseling. Will also work with the schools to enhance to get support and increase effectiveness of therapies. 	970-282-4428 www.neuro-development.com
A New Perspective	<ul style="list-style-type: none"> • Substance Abuse Counseling, Youth in Crisis Counseling: A private counseling center that has a strong focus on substance abuse. 	970-419-1100 www.anewperspective.com
Nurse-Family Partnership	<ul style="list-style-type: none"> • Trained nurses visit the homes of high-risk women during their first pregnancy through the first two years of their child's life • Screen for post-partum depression and risk of post-partum suicide • Visits focus on learning how to be a nurturing parent and avoiding risky behavior 	970-498-6731 www.nursefamilypartnership.org
Northern Colorado AIDS Project (NCAP)	<ul style="list-style-type: none"> • Case management, and counseling, prevention, testing and social support services for individuals with HIV/AIDS. 	970-484-4469 www.ncaids.org
Partners Mentoring Youth	<ul style="list-style-type: none"> • 1 on 1 mentoring; positive youth development: • Support to at-risk children ages 7-17. 	970-484-7123 www.partnersmentoringyouth.org
Pathways Hospice	<ul style="list-style-type: none"> • Grief and loss counseling and support 	970-663-3500

		www.pathways-care.org
Poudre School District	<ul style="list-style-type: none"> • Positive Behavioral Support (PBS): Used in conjunction with Response to Intervention, PBS is a framework that incorporates strategies for boosting academic achievement, increasing pro-social behaviors and safety. • Response to Intervention (RTI): Used in conjunction with PBS, RTI integrates assessment and intervention within a multi-level prevention system to maximize student achievement and reduce problem behaviors. • Mental Health Specialists: PR1 provides 5 mental health specialists across the district (primarily focused in high schools, but have a presence in middle schools and will consult with elementary schools) to meet the mental health needs of the student body. 	970-482-7420 www.psd.k12.co.us
Poudre Valley Hospital	<ul style="list-style-type: none"> • Crisis Assessment Center within the ER • Appropriate hospitalization 	970-495-7000 www.pvhs.org
Primary Care Physicians	<ul style="list-style-type: none"> • Medication support and management for individuals with depression, bi-polar disorder, and other mental illnesses if properly screened and diagnosed. 	
Sexual Assault Victim's Advocates (SAVA)	<ul style="list-style-type: none"> • 24-Hour Rape Crisis Hotline • Individual Advocacy • Therapy • Support Groups 	Office: 970-472-4204 Rape Crisis: 970-472-4200 www.savacenter.org
Team Fort Collins	<ul style="list-style-type: none"> • Substance Use Prevention: Uses evidence-based prevention programs to focus on substance abuse prevention in children and youth 0-25. 	970-224-9931 www.teamfortcollins.org
Thompson School District	<ul style="list-style-type: none"> • Positive Behavioral Support (PBS): Used in conjunction with Response to Intervention, PBS is a framework that incorporates strategies for boosting academic achievement, increasing pro-social behaviors and safety. • Response to Intervention (RTI): Used in conjunction with PBS, RTI integrates assessment and intervention within a multi-level prevention system to maximize student achievement and reduce problem behaviors. 	970-613-5000 www.thompson.k12.co.us
Touchstone Health Partners	<ul style="list-style-type: none"> • Crisis intervention and response • Community provider of mental health and addiction services. • Outpatient mental health and substance abuse treatment • Residential treatment • Group therapy • Psychiatric care 	970-494-4300 www.touchstonehealthpartners.org
Turning Point	<ul style="list-style-type: none"> • In-home therapy • Day treatment Substance Abuse treatment • Outpatient services • Residential Treatment Center Aftercare/Follow-up 	970-221-0999 www.turningpnt.org
Veterans Center	<ul style="list-style-type: none"> • For veterans only 	970-221-5176

Youth Suicide Prevention and Mental Health Resources

Organization	Services Offered	Contact Information
Beyond the Mirror	<ul style="list-style-type: none"> Youth Counseling Services Nutritional Counseling Online youth resources 	970.402.8543 www.beyondthemirror.org
Boys and Girls Club	<ul style="list-style-type: none"> After School/Summer care for youth 	970-223-1709 www.bgclarimer.org
Educo Leadership Adventures	<ul style="list-style-type: none"> Outdoor leadership education 	970.494.0785 www.educoadventures.org
Healthy Kids Club	<ul style="list-style-type: none"> Family and elementary wellness education 	970.495.7000 www.pvhs.org/body.cfm?id=784
Hearts and Horses	<ul style="list-style-type: none"> Changing Leads Youth Therapy: Equine facilitated learning to encourage at-risk youth to personally explore emotions and behaviors while situated in a secure environment of learning and self discovery. 	970-663-4200 www.heartsandhorses.org
The Hub	<ul style="list-style-type: none"> Child protection screening Comprehensive child and family assessments for at risk youth Individual and/or Family Counseling Community resource referrals 	Walk-in: 200 W. Oak St., Fort Collins www.co.larimer.co.us/humanservices/hub/
Human-Animal Bond In Colorado	<ul style="list-style-type: none"> Animal Assisted Therapy for incarcerated youth K-12 Animal Assistant for at-risk youth in Thompson and Weld County 	970.491.2776 www.habic.chhs.colostate.edu
Loveland Youth Gardeners	<ul style="list-style-type: none"> Youth Gardening Program (ages 13-18) for at risk youth Eligibility for school credit 	970.669.7182 http://lovelandyouthgardeners.org/
Matthews House	<ul style="list-style-type: none"> Youth mentor program Family facilitation Resources for housing 	970-472-4293 www.themattewshouse.org
National Youth Project Using Minibikes	<ul style="list-style-type: none"> Behavior management incentive program Youth ages 10-16 	970.498.6595 www.larimer.org/humanservices
Partners Mentoring Youth	<ul style="list-style-type: none"> Youth mentor program for at-risk youth 	970.484.7123 www.partnersmentoringyouth.org
Pathways Hospice	<ul style="list-style-type: none"> Pathways Kids Program provides team support home visits for children with life threatening illnesses 	1.888.755.7855 www.pathwayshealth.org
Reflections for Youth	<ul style="list-style-type: none"> High level residential care Intensive In home & Outpatient services Specialized EMDR and Dialectical Behavioral Therapy 	(970) 344-1380 www.reflectionsforyouth.org/index.php
Rocky Mountain Youth Corps	<ul style="list-style-type: none"> Youth Volunteer Opportunities on public lands and open spaces 	970-879-2135 http://www.rockymountainyouthcorps.org/~rmyc/

Prepared by TouchStone Health Partners & Alliance for Suicide Prevention of Larimer County

