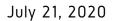


GET INVOLVED: LARIMER

LARIMER COUNTY SUICIDE PREVENTION SYMPOSIUM





CIDE PREVENTION

Alliance for

of Larimer County

Join a Workgroup

LGBTQ+ YOUTH WORKGROUP

SECOND THURSDAY MONTHLY, 10AM EMAIL JAY@SUICIDEPREVENT.ORG FOR DETAILS

ZERO SUICIDE WORKGROUP

FIRST TUESDAY MONTHLY, 9AM EMAIL RACHEL@IMAGINEZEROSUICIDE.ORG FOR DETAILS

POSTVENTION WORKGROUP

THIRD TUESDAY MONTHLY, 9AM EMAIL RACHEL@IMAGINEZEROSUICIDE.ORG FOR DETAILS

LARIMER TRAININGS WORKGROUP

THIRD TUESDAY MONTHLY, 3:30PM EMAIL INFO@SUICIDEPREVENT.ORG FOR DETAILS

VETERANS & MENS WORKGROUPS

EMAIL AMPS@SUICIDEPREVENT.ORG FOR DETAILS

Attend quarterly IZ Coalition Meetings

IMAGINE ZERO OF LARIMER COMMUNITY COALITION

MEETS SECOND TUESDAY QUARTERLY EMAIL RACHEL@IMAGINEZEROSUICIDE.ORG FOR DETAILS

NEXT MEETING: OCTOBER 20TH 9-11AM CONNECTION AND CARE: BRIDGING COMMUNITIES FOR SUICIDE PREVENTION

This workshop encourages connection, community, and care with the intent to reduce isolation, suicide attempts and death. By learning and implementing connectedness strategies, the community will increase the protective factors of meaningful and caring relationships and increased sense of belonging. This session will address identity, cycles of socialization, and what we can do to create connectedness to promote behavioral health through support, coping and living authentically.

For more information email: rachel@imaginezerosuicide.org Sign up here: https://www.eventbrite.com/e/imagine-zeroconnection-care-tickets-112686241582

Schedule a Training

QPR

QPR (Question, Persuade, Refer) is a nationally recognized gatekeeper training for suicide prevention. Lasting an hour, it is designed to teach folks the warning signs of a suicide crisis and how to respond. Completion grants a 3 year certification.

To learn more or register for a training, contact: info@suicideprevent.org

HFT

HFT (Hope for Today) is an adult suicide prevention training through the Alliance for Suicide Prevention. This free hour and 15-minute presentation is delivered by two presenters who safely navigate their own stories of suicide attempt and loss throughout, and is delivered to any and all community members and groups.

For more information or to register for a training contact: info@suicideprevent.org

RAPP

RAPP (Raising Awareness of Personal Power) is a youth suicide prevention program delivered in middle and high schools across Larimer county, as well as in other youth-serving organizations.

Contact: programcoordinator@suicideprevent.org

Schedule a Training

ABCs OF LGBTQ+

This presentation proivides knowledge around the basics of the LGBTQ+ community, including information about different identities, the importance of language and labels, and how to be a better ally. If you're curious about LGBTQ+ topics, have some questions that you've always wanted to ask, or simply wish to learn what all the letters mean, this training is for you!

For more information, contact: jay@suicideprevent.org

CALM

Counseling on Access to Lethal Means is a free online 2 hour course that covers how to identify people who could benefit from lethal means counseling, ask about their access to lethal methods, and work with them and their families to reduce access. This course is designed for mental health professionals, but is beneficial to all. Available online through the Suicide Prevention Resource Center.

MILITARY VETERAN CULTURAL FAMILIARIZATION TRAINING

The goal of Military Veteran Cultural Familiarization Training is to provide a baseline understanding of veteran culture for those who work with veterans and their families. Outcomes include an increased understanding of veteran communication style, beliefs, habits and behaviors.

For more information contact: amps@suicideprevent.org

Schedule a Training

MENTAL HEALTH FIRST AID

Mental Health First Aid (MHFA) is a course and certification that teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders.

For more information or to register, contact: annie.brunsell@summitstonehealth.org

UTILIZING SBIRT TO SCALE SUICIDE PREVENTION EFFORTS

Screening, Brief Intervention, and Referral to Treatment (SBIRT) is an evidence-based approach to identify and prevent risky substance use. SBIRT can be applied to many systems-level settings such as schools, hospitals, primary care clinics, and others. Within these settings, SBIRT can be utilized to screen for and purposefully engage patients/clients around shared risk factors of both suicide, substance use, and Substance Use Disorders (SUDs), such as depression. This training will provide a foundational overview of SBIRT and its application to identification of risky substance use, and further make the case for aligning the approach to complement and consolidate suicide prevention efforts.

For more information or to register for the training on August 19th, at 1:30pm, contact: info@suicideprevent.org

Mark Your Calendar

For more information on these events, follow the Alliance for Suicide Prevention on Facebook or sign up for our mailing list

SEPTEMBER: SUICIDE PREVENTION MONTH

FOLLOW US ON FACEBOOK AND INSTAGRAM (@ASP_LARIMER) FOR MORE INFO!

INTERNATIONAL SURVIVORS OF SUICIDE LOSS DAY

NOVEMBER 21ST, CLUB TICO, TIME TBD EMAIL INFO@SUICIDEPREVENT.ORG FOR DETAILS

HEARTBEAT SUICIDE LOSS GROUP

MEETS MONTHLY VIRTUALLY THIRD WEDNESDAY, 6:30PM EMAIL KIERA@SUICIDEPREVENT.ORG FOR DETAILS

TEEN HEARTBEAT SUICIDE LOSS GROUP

MEETS MONTHLY VIRTUALLY FOURTH TUESDAY, 6:00PM EMAIL KIERA@SUICIDEPREVENT.ORG FOR DETAILS

Connect With A Coordinator

LGBTQ+ YOUTH COORDINATOR CONTACT JAY: JAY@SUICIDEPREVENT.ORG

MEN'S OUTREACH COORDINATOR

CONTACT MARSHALL: AMPS@SUICIDEPREVENT.ORG

VETERANS OUTREACH COORDINATOR

CONTACT MARSHALL: AMPS@SUICIDEPREVENT.ORG

LARIMER COUNTY YOUTH SUICIDE PREVENTION COORDINATOR

CONTACT CECILIA: PROGRAMCOORDINATOR@SUICIDEPREVENT.ORG

TRAINING AND VOLUNTEER COORDINATOR

CONTACT SAVANNA: INFO@SUICIDEPREVENT.ORG

IMAGINE ZERO COORDINATOR

CONTACT RACHEL: RACHEL@IMAGINEZEROSUICIDE.ORG