

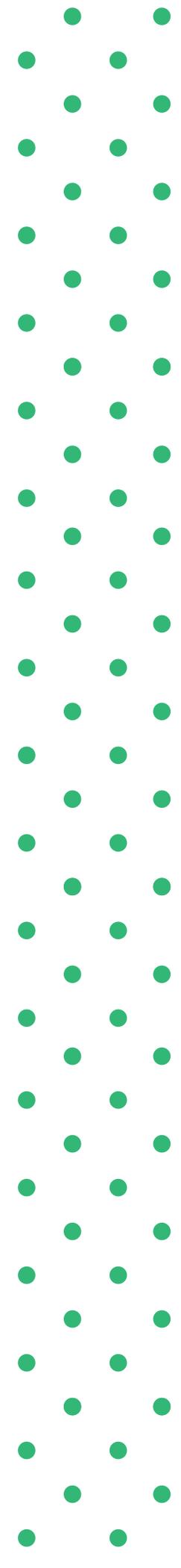
LARIMER COUNTY SUICIDE PREVENTION SYMPOSIUM

July 21, 2020

IMAGINE
ZERO working together
to end suicide in
northern colorado
of Larimer County



Alliance for
SUICIDE PREVENTION
of Larimer County



Schedule

OPENING REMARKS **9:00 - 10:15**

BREAK **10:15 - 10:30**

BREAKOUT SESSION 1 **10:30 - 11:00**

Connectedness

Postvention

Suicide Safer Care

BREAK **11:00 - 11:15**

BREAKOUT SESSION 2 **11:15 - 11:45**

Education and Awareness

Lethal Means Safety

Economic Stability

CLOSING **11:45 - 12:00**

Speakers

OPENING REMARKS

SCOTT SMITH (HE/HIM)

Scott Smith, MSW, has been serving as the Executive Director of the Alliance for Suicide Prevention of Larimer County since March of 2019. Previous to that, he lived in Durango, Colorado, where he served as the President of the Southwest chapter of the National Alliance on Mental Illness (NAMI) and was a Program Manager for La Plata Youth Services. Scott has been working in the field of mental health and suicide prevention since 2012 and has been a life-long advocate for social justice. Scott attended Fort Lewis College where he obtained a Bachelor's degree in Sociology and later attended the University of Denver where he received his Master's in Social Work. When Scott isn't working, he is skiing, biking, gardening, or cooking with family and friends.

RACHEL OLSEN (SHE/HER)

Rachel Olsen has been serving as the Imagine Zero of Larimer Coalition Coordinator since 2017. Before becoming the Coalition Coordinator, Rachel ran her own photography business for over a decade specializing in weddings and family portraits. Prior to that, Rachel was a Professional Healthcare Representative for Pfizer as well as a Vail Ski Patroller and Backroads Bike Guide. Rachel attended the University of Colorado where she obtained a Bachelor's degree in Biology & Photography. Rachel will be returning to school at the UPenn this fall in the Master's of Applied Positive Psychology program. Rachel loves to be out in the Colorado mountains with her family and she now finds herself trying to keep up with her two daughters while hiking, biking, skiing, and running. She also enjoys volunteering as part of a therapy team with her dog Ansel at Platte Valley Youth Correctional Facility, doing yoga and pilates, and traveling the world any chance she gets!

Speakers

OPENING REMARKS

CONGRESSMAN JOE NEGUSE

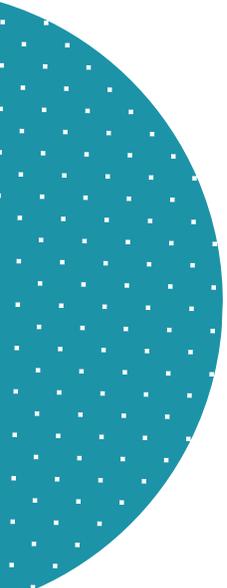
Congressman Joe Neguse represents Colorado's 2nd District in the U.S. House of Representatives. He was elected to his first term in November 2018, becoming the first African-American member of Congress in Colorado history. He serves on the Judiciary Committee, the Natural Resources Committee, and the Select Committee on the Climate Crisis. Before his election, he served in the Governor of Colorado's Cabinet as the Executive Director of Colorado's consumer protection agency and represented Colorado's 2nd District on the University of Colorado Board of Regents. He also worked in the Colorado House of Representatives, and co-founded New Era Colorado, the state's largest youth voter registration and mobilization non-profit. He received his B.S. in Political Science and Economics from the University of Colorado-Boulder, where he graduated summa cum laude, and received his J.D. from the University of Colorado School of Law. Rep. Neguse and his wife Andrea live in Lafayette, where they are raising their newborn daughter, Natalie.



Speakers

OPENING REMARKS

SARAH BRUMMETT (SHE/HER)



Sarah Brummett is the Director of the Office of Suicide Prevention at the Colorado Department of Public Health and Environment (CDPHE). The Office is legislatively mandated as the state coordinating body for suicide prevention, intervention, and postvention efforts. The Office sets statewide priorities and works with state agencies and community organizations to develop and implement effective strategies, including a community grant program, means restriction education initiatives, the Zero Suicide initiative, education and awareness programs, emergency department and hospital outreach and education, the Colorado-National Collaborative, federal grant-funded initiatives, Mental Health First Aid, and a school grant program.

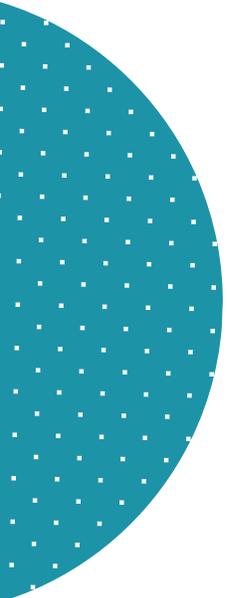
Before joining CDPHE, Sarah practiced family and appellate law in both Colorado Springs and the Denver Metro area. Sarah received her JD from the Sturm College of Law, University of Denver and also a Master's of Forensic Psychology from the Graduate School of Professional Psychology, University of Denver.



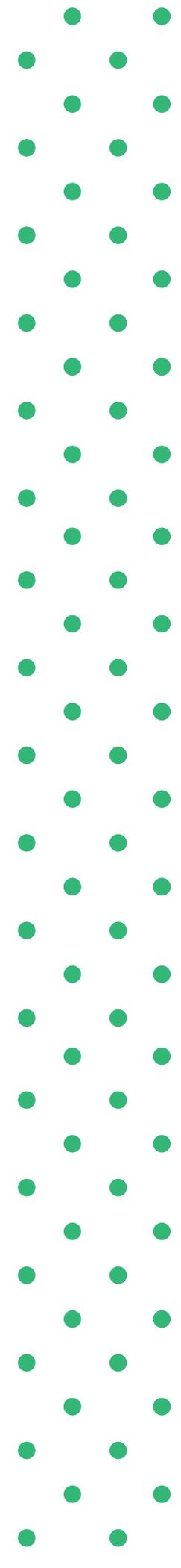
Speakers

OPENING REMARKS

LAURIE STOLEN (SHE/HER)



Laurie Stolen is currently the Behavioral Health Services Director for Larimer County. She is the grant coordinator for Larimer County's Co-responder Program. She has been with Larimer County for 22 years. She was the Director of the Larimer County Alternative Sentencing Department from 2010-2016. She worked for the Larimer County Sheriff's Office for 12 years prior to that. Laurie holds a bachelor's degree from Colorado State University and a master's degree in rehabilitation counseling from University of Northern Colorado. She has been extensively involved in policy level work, community initiatives and campaigns, contract administration, program development, re-entry initiatives, sequential intercept mapping and facilitating collaborative approaches to solving tough problems. Her career focus is to increase awareness and access to appropriate and affordable behavioral healthcare.



Speakers

BREAKOUT SESSION 1: CONNECTEDNESS

JAY YTELL (SHE/HER/THEY/THEM)

Jay Ytell works for the Alliance for Suicide Prevention of Larimer County as the LGBTQ+ Youth Outreach Coordinator. She is an out-and-proud member of the LGBTQ+ community and a lifelong advocate for LGBTQ+ rights. Jay is passionate about mental health, alternative education, and the inclusion of dried fruits in cookies. She has an educational background in English and psychology. In her free time, Jay likes to rock climb at the gym or one of the local crags, go for long bike rides in the country, and read her poetry at open mics.

TEAGAN BROWN (HE/HIM)

Teagan Brown is a magician, LGBTQ+ activist, and volunteer at ASP. He is currently pursuing a B.A. in Political Science at Fordham University in New York City.

Speakers

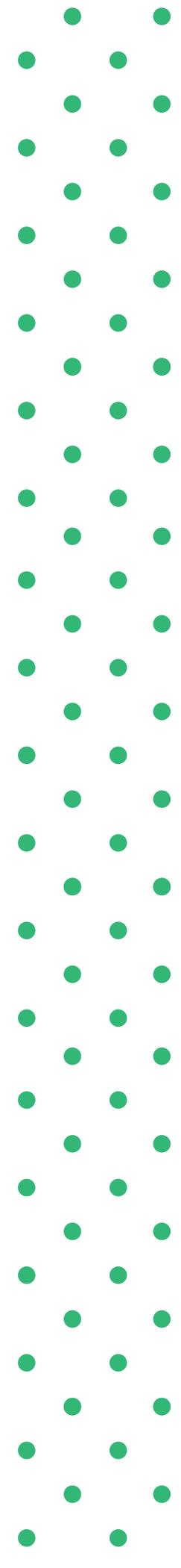
BREAKOUT SESSION 1: SUICIDE SAFER CARE

BETTY VAIL (SHE/HER)

Betty, a Licensed Professional Counselor, has served as Manager of the Mountain Crest Outpatient Clinic for the past 15 years. She received her MA in Counseling Psychology from the University of Notre Dame in 1982, and has worked in a variety of clinical settings since. These include psychiatric hospitals, eating disorder programs, community mental health centers, managed care, and private practice. She has lived in Larimer County since 1985, and is honored to be part of the Imagine Zero Suicide efforts within the community and the University of Colorado Health System.

CASSIE DAMATO (SHE/HER)

Cassie Damato, the Director of Acute Services with SummitStone Health Partners, has been serving the community in behavioral health since 2007. She has worked with SummitStone Health Partners in Fort Collins, Colorado for the past ten years. Cassie has been involved in a number of programs throughout her time with SummitStone Health Partners. As a leader in community behavioral health and as a member of Zero Suicide workgroups, Cassie's suicide prevention efforts involve implementing best practices in SummitStone Health Partners' programming and working collaboratively with leaders from other health care and behavioral health care organizations to implement a framework of care bridging systems of care throughout Larimer County.



Speakers

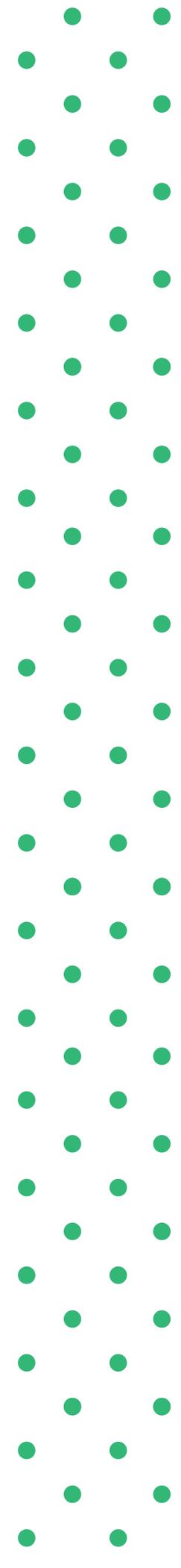
BREAKOUT SESSION 1: POSTVENTION

DOREEN HORAN (SHE/HER)

For the majority of Doreen's professional years, she served as the Director of The Counseling Center at Stella Maris in Maryland. This counseling center serves the bereaved families of the Stella Maris Hospice program as well as all community bereavement needs. Doreen began working with the bereaved in 2000 and has served adults, children, teens, families, groups, schools, colleges, hospitals, churches and businesses who are seeking to journey through grief and to slowly discover a new normal. In Fort Collins, Doreen has worked at Wholeness Health and in private practice as a clinical counselor and now is the Executive Director at 3 Hopeful Hearts. She is blessed to have two amazing young adult children who graduated from CU and reside in Colorado with their spouses, and she now has one granddaughter.

KIERA BUTLER (SHE/HER)

Kiera graduated from Colorado State University with a Bachelor's of Science in Clinical and Counseling Psychology. She has a strong passion for mental health after losing her best friend to suicide as a teen. Kiera serves as the Youth Education and Grief Services Facilitator for the Alliance for Suicide Prevention (ASP). In her role she facilitates the youth education program, RAPP, in middle and high schools, along with running ASP's Youth Advisory Council. Kiera co-facilitates the adult and teen Heartbeat groups for survivors of suicide loss. She also organizes strategic planning through Imagine Zero for the Colorado National Collaborative. Kiera was recently accepted into Naropa University's Master's program for Clinical Mental Health Counseling, where she will continue her education in order to further efforts to reduce suicide rates in Colorado.



Speakers

BREAKOUT SESSION 1: POSTVENTION

BRITTA DAVIS (SHE/HER)

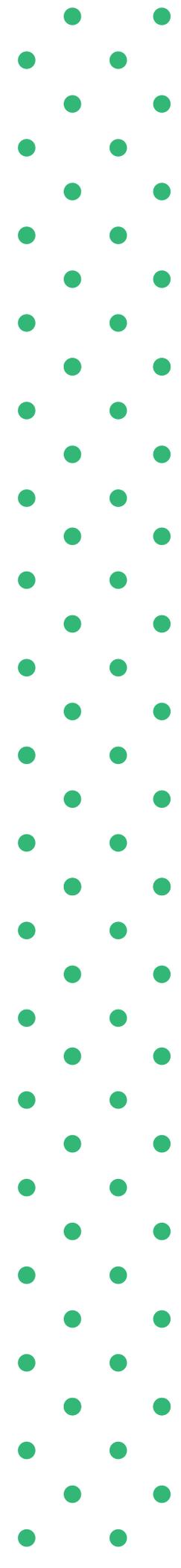
Britta Davis is a 12-year law enforcement victim advocate with Fort Collins Police Services (FCPS). In her role, Britta is responsible for a wide -range of tasks to include, daily VRA victim contact and follow-up, assistance in managing the volunteer victim advocates, assisting patrol officers on scene with immediate cases and collaborating with other agencies to provide a support network for crime victims. Britta works closely with the Crimes Against Persons Team and provides ongoing support and advocacy to crime victims as the lead victim advocate assigned to child and adult sexual assault cases, homicides, and fatal car crashes. Britta has focused her continuing education on the neurobiology of trauma to better serve the crime victims she works with and provide advanced training to law enforcement officers, community members and victim advocates. She is currently an instructor at the Front Range Community College Law Enforcement Academy teaching Domestic Violence Investigations and the Victim Rights' Act and is assisting with building the curriculum for the Fort Collins Police Services Law Enforcement Academy that is expected to open in the Winter of 2021. Britta is a guest lecturer for numerous professors at Colorado State University, Metropolitan State University of Denver and Front Range Community College. Britta also serves on the Eighth Judicial District Critical Incident Response Team and the FCPS Peer Support Team.

Speakers

BREAKOUT SESSION 2: EDUCATION AND AWARENESS

KIMBERLY PRATT (SHE/HER)

Kimberly Pratt, MA, LPCC is the Project Coordinator for Suicide Education and Support Services, a program of North Range Behavioral Health. Pratt is a lead trainer of suicide prevention for Weld County. She has trained over 45,000 adults and adolescents in suicide prevention since 2013. She is also the lead for suicide crisis response in Weld County; a part of the Child Fatality Review Board, Qualified Listeners for Veterans Board and a certified Mental Health First Aid trainer and Master Question, Persuade, Refer trainer.



Speakers

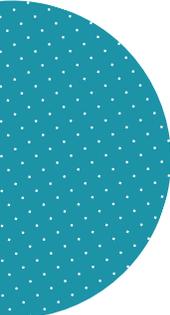
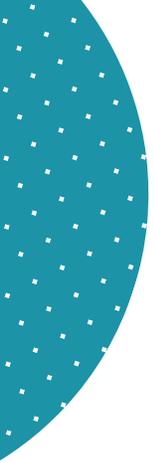
BREAKOUT SESSION 2: LETHAL MEANS SAFETY

MARSHALL SPRING (HE/HIM)

Marshall Spring grew up in a small town and joined the US Marine Corps after the 9/11 attack. He served 4 years working as an explosive detection dog handler. In 2007 Spring moved to Boulder and in 2010 relocated to Larimer county. In the summer of 2019 Spring was hired by the Alliance for Suicide Prevention (ASP) to pioneer their peer support program for men and veterans. He is now the Men's Outreach Coordinator and the Veteran's Outreach Coordinator for ASP.

EMILY HUMPHREY (SHE/HER)

Emily Humphrey has devoted her entire professional career to public service. She was a prosecutor for 22 years in the 10th Judicial District, District Attorney's Office in Pueblo, Colorado and the 8th Judicial District, District Attorney's Office in Larimer County for over 18 years. She is currently the Director of Criminal Justice Services for Larimer County. While at the District Attorney's Office as the Second Assistant District Attorney she helped found the Larimer Juvenile Gun Safety Coalition. Emily continues to be a coalition member in her new capacity as the CJS Director. The Juvenile Gun Safety Coalition focuses on the following areas: Responsible gun ownership and safe handling and storage of firearms, encouraging students to report concerning behaviors or guns in school using tools such as Safe2Tell, and working with youth in the criminal justice system.



Speakers

BREAKOUT SESSION 2: ECONOMIC STABILITY

CECILIA REYNOLDS (SHE/HER)

Cecilia serves as the Regional Youth Suicide Prevention Coordinator for Larimer County, working with youth serving organizations to expand prevention efforts in our community. Additionally, Cecilia manages the Youth Education Program (Raising Awareness of Personal Power) through the Alliance, so she is often found in middle and high schools talking and learning with youth people. After getting her undergraduate degree in Psychology and Gender Studies from Westmont College in California, Cecilia returned to Colorado to join the non-profit world. Cecilia is passionate about social justice, community education, and charcuterie boards.

JOHN KEFALAS (HE/HIM)

Kefalas earned a Bachelor's degree from Colorado State University and then joined the Peace Corps, serving as an agricultural extension worker. After returning to the US, he earned a Master's degree in teaching, with a secondary science specialization. From 1997 to 2004, Kefalas worked as a public policy advocate and community development coordinator for Catholic Charities. Before entering the legislature, he directed the Colorado Progressive Coalition's Tax Fairness Project. He has served as a member of the Fort Collins Housing Authority and the Colorado Social Legislation Committee and, in 2001, won the City of Fort Collins Human Relations Award. Kefalas served as the State Representative, from 2007-2012 and a State Senator, from 2013-2018. Kefalas was elected by a county-wide vote in 2018 as Larimer County Commissioner representing District 1, the northern section of the County. He took office January 8, 2019. Kefalas is married; he and his wife Beth have two sons and two daughters-in-law, along with four amazing and brilliant grandchildren.